

Abingdon Christian Aid New Year Walk January 2022

Instructions for walkers

The Christian Aid New Year Sponsored Walk for 2022 is following the pattern used in 2021. Your support for this event is, as ever, very much appreciated and in 2022 your help is needed as much as ever. The impact of Covid-19 on the poorest countries in the world is only now fully emerging and it only makes their situation even more in need of our help.

This year we have planned another **self-service walk** with the request that you and your 'sponsors' make donations to our unique Just Giving webpage when you have completed the walk and solved the puzzle we have set.

You may choose when and with whom you complete your walk; either on one day or spread across as many days as you wish in January. As you carry out your walk(s), you are asked to **take great care to stay safe**, both when **crossing roads** and by **following the health guidelines** in force in Abingdon at the time you are out walking.

The route and the puzzle

You may decide your own route to complete the task of walking from your home to **visit each of the church buildings listed below**. Near the entrance of each building you will be able to see a Christian Aid poster on which there will be a letter of the alphabet or a relevant message. When you have been to every church you will have seen 8 letters and one message. From these you will be able to create an eight-letter word which is linked to the Christian Aid Week theme for 2022.

When you have completed your walk:

- Please contact your 'sponsors' (i.e. friends who knew you were going to do the walk), and
- Tell them the word you have deciphered to show you have completed the walk, and
- Ask them to make a donation of, say, at least £5 to Christian Aid via the Just Giving page: <https://www.justgiving.com/fundraising/abingdon-newyearwalk-2022>
- Please make these donations by 31st January.

Churches to visit

Letter/Message

Abingdon Baptist Church, Ock St.
All Saints Methodist Church, Appleford Dr.
Christ Church C of E, Northcourt Rd.
Peachcroft Christian Centre, Lindsay Dr.
Our Lady and St Edmund of Abingdon, RC, Radley Rd
St Helen's C of E, West Saint Helen St
St Michael and All Angels C of E, Park Rd
St James the Great C of E - Porch, Church Rd, Radley
Trinity Church, Conduit Rd.

Puzzle Word

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The Coronavirus Emergency Appeal

Will you help vulnerable families protect themselves against coronavirus?

- **Soap. Masks. Hand sanitiser. Vital weapons against coronavirus.** In India alone, more than 200,000 lives have been lost to the pandemic in India. Across the country, hospitals are overrun and oxygen supplies are falling short of demand.
- Across the world, and especially in India, the most marginalised have been hit the hardest. From women and people with disabilities to informal and migrant workers and Dalit communities.
- We urgently need your help share life-saving health information on how to prevent catching or spreading coronavirus, as well as ensuring vulnerable families can access vital welfare and healthcare.

Just £5 from you today will help provide frontline health workers with vital personal protective equipment.

<https://www.justgiving.com/fundraising/abingdon-newyearwalk-2022>

Surviving through lockdown in India

Poonam from Delhi lives with her husband and three children aged 10, 8 and 6. Before the coronavirus pandemic, Poonam worked as a domestic maid in five houses and her husband was a housekeeper.

During the 1st wave of COVID-19 in 2020, Poonam's husband lost his job, meaning the family was totally dependent on her. However, with the 2nd wave of COVID-19 came a nationwide lockdown. Homeowners would not allow Poonam to continue her work in their homes due to the fear of spreading coronavirus.

After the family had been living on a single income, this was also now also cut off. They had no savings to manage the house expenses, food stock at home was running short and they did not know how they would survive the next few weeks.

It was during this crucial time that Christian Aid's partner EFICOR met Poonam and her family. Learning of their circumstances, they were enrolled to receive support from funds from Christian Aid's Coronavirus Appeal response.

Poonam received cash support of 2,000 Rupees (£20) into her account to use as she needed for her family's survival. She immediately bought some grains and groceries as well as schoolbooks for her children.

The support that she received helped her to manage for three weeks until she was able to resume her work as maid in three houses and support her family again.

We're responding now

Christian Aid is responding to the coronavirus outbreak in Africa, Asia and Latin America and the Caribbean. We're working together with partners and faith leaders to inform people about the risks, offering vital hygiene training, equipping health facilities with supplies, and providing food packages to the most marginalised families.

Thank you for your continued support and the money raised through your participation in this Christian Aid Sponsored Walk!

Please donate now. Don't wait. They can't

<https://www.justgiving.com/fundraising/abingdon-newyearwalk-2022>

Wherever we are, as neighbours in our world we all face this challenge together.

Christian Aid: Registered Charity no. 1105851

www.christianaid.org.uk